



# ***ROSE OF LIMA TRANSITIONAL HOUSING PROGRAM*** ***Information for Agencies***

## **POPULATION SERVED**

Thirteen single women (no children with them) who:

1. live in the Seattle area
2. are currently homeless and/or living in a shelter
3. are referred by a social service agency (e.g. shelter, day center, health clinic)
4. have an income (or can obtain an income within the first month of residency)
5. have 90 days of sobriety (if in recovery)
6. need six months to two years in a supportive living environment to stabilize their lives

All referrals will be reviewed on a case-by-case basis. However, the following may be reasons for denying acceptance:

1. recent history of violent behavior or criminal conviction (depending on the charge)
2. current drug or alcohol dependence
3. dangerous to self or others
4. severe mental health issues or acting-out behaviors which create serious disruptions in a community setting
5. no income and no reasonable plan for obtaining income

## **PROGRAM SERVICES**

Housing for up to two years

Tailored case management

Life skills education, activities and outings (optional)

Community meals (3 dinners and 1 brunch) and well-stocked community kitchen

Towels and linens

On-site laundry

## **PROGRAM FEES**

Thirty percent of resident's total annual gross income (total annual income cannot exceed \$16,350)

## **RESIDENT EXPECTATIONS**

1. Residents meet weekly with a case manager to develop goals and monitor progress toward goals.
2. Residents maintain community areas through chores assigned on a rotating basis.
3. Residents participate (with staff support) on a rotating basis in the planning, preparation and clean-up of community meals.
4. Residents who are not working or attending school will be helped to find a 4-hour per week volunteer opportunity (or other growth-related activity) suited to their capacities.
5. No use of alcohol or illicit drugs is permitted on the premises.
6. A supportive community is built through resident participation in various program activities, including a required weekly community meeting, life skills classes and a house retreat.
7. Residents must be able to maintain personal hygiene and keep their rooms safe and reasonably clean.
8. Verbal abuse or physical violence is not tolerated.

## **DESCRIPTION OF FACILITIES**

The program is located on the first and second floors of 120 Bell Street – above Noel House and behind the Recovery Cafe at 2<sup>nd</sup> and Bell. The first floor consists of two double occupancy rooms with bath, along with community space including the kitchen, living room, dining room, smoking room, laundry room, and

offices. The second floor, which is accessible only by stairs, has nine single rooms and a communal bathroom. A rooftop garden is accessible by stairs and by an inclined ramp.

Each bedroom has a single bed, wardrobe, sink, nightstand and lamp, a small refrigerator, and a telephone jack. Women with physical disabilities have priority for a first floor, barrier-free shared room.

### **STAFFING**

Program Director Cynthia Shaw works Monday through Thursday; Kathy Lewis, Lead Supervisor/Case Manager, works Monday through Friday. A second Therapeutic Case Manager, Rosemary D'Agrosa, works Monday through Thursday. Relief staff are present weekend evenings and on Saturdays. A Life Skills Coordinator organizes weekly groups, activities, shopping, and is present on Tuesdays and Thursdays. When staff is not on-site they are available via pager for emergencies; residents may also ask staff at Noel House, downstairs, for emergency assistance.

### **APPLICATION PROCEDURE**

Applicants are asked to call in to our wait-list line, (206) 517-1565 each month between the 1<sup>st</sup> and 10<sup>th</sup> of the month. If applicants don't call, they will be dropped from the waiting list. An applicant who misses her call-in is welcome to send in a new application and begin the process again.

We contact up to five professional referral sources for references as part of our interview process. An applicant who is denied because of lack of clean and sober time or lack of income can be reconsidered when she meets the requirements.

For questions or information, call us at (206) 441-1200.

### **ROSE OF LIMA HOUSE MISSION STATEMENT**

Our mission is to serve our community's most vulnerable women in transforming their lives through self-determination and healthy change, with tailored supportive services and community-based transitional housing. By providing a safe and nurturing place for women to heal, Rose House affords women the opportunity to regain dignity, restore relationships, and transition from homelessness to safe, stable and permanent housing.